SBS-SAC Spring Workshop

Refresh – Recharge - Renew: a professional development experience

Wednesday, April 23, 2008 – Four Points Sheraton

PROGRAM

7:45 – 8:15 a.m.	Registration and Breakfast Buffet April Thompson – Workshop Committee Member
8:15 – 8:20 a.m.	Introductions Cynthia Malbrough, Co -Chair, Staff Advisory Council
8:20 – 8:30 a.m.	Welcome Dean Ed Donnerstein

Break (5 minutes)

8:35 – 9:35 a.m.	**What is Metabolic Syndrome?** A discussion on decreasing your risk of developing diabetes and cardiovascular disease, by preventing metabolic syndrome John E. Boulet, MD, FACC

Break (5 minutes)

Sessions

9:40 – 10:40 a.m.	A)	**Career Assessment: Skills, Satisfaction, Stages** Angelika Reiss, MBA
	B)	**Discrimination Prevention and Diversity Training** Celina Ramirez, JD

Break (5 minutes)

10:45 – 11:20 a.m.	**Ultimate Renewal: Images of Heaven & the Lives They Inspire** Ed Wright, Director of Judaic Studies
11:30 a.m.	**COLLEGE OF SOCIAL AND BEHAVIORAL SCIENCES STAFF APPRECIATION LUNCHEON**