

Iste Hendek (Turkey)

Introduction: 8 beats

Formation: Short lines, shoulders touching, hands joined, arms straight

Dance notes by Andrew Carnie (2001)

PART 1

bar 1

1	1	3	4
R	L	R	bend R knee, tuck L behind
↗	↗	↖	●

bar 2

1	1	3 &	4 &
L	R	both, small knee circle	bounce twice
↓	↓	●	●

PART 2

bar 1

1	1	3	&	4	&
R	L	Hop L	Hop L	R	bend R knee tuck L behind
↗	↗	●	●	↖	●

Bar 2 Same as bar 2 of Part 1

PART 3

bar 1

1	1	3	4
R	L	R	chug back on R (hop)
↗	↗	↖	↓

Bar 2 Same as bar 2 of Part 1

PART 4
bar 1

1	1	3	&	4	&
R	L	Hop L	Hop L	R	chug back on R
↗	↗	●	●	↖	↓

Bar 2 Same as bar 2 of Part 1